



## **Basic Mental Health Hotline Guide**

### **NJ Specific Assistance**

#### **Suicide Prevention**

##### **NJ Suicide Prevention Hotline**

(NJ Specific Hotline)

1-855-NJ-HOPELINE (654-6735)

<http://njhopeline.com/>

Live chat option online

##### **National Suicide Prevention Hotline**

(Lifeline)

1-800-273-8255

<https://suicidepreventionlifeline.org/>

##### **The Trevor Project**

(youth identifying as LGBTQI)

1-866-488-7386

<https://www.thetrevorproject.org/>

##### **Crisis Text Line**

Text Hello to 741741

##### **2<sup>nd</sup> Floor Youth Line**

888-222-2228



[2NDFLOOR: Youth Helpline of New Jersey](#)

## **Abuse Concerns**

### **National Domestic Violence Hotline**

1800-799-7233

<https://www.thehotline.org>

### **NJ Domestic Violence Hotline-**

1 (800) 572-SAFE (7233)

### **RAINN- National Sexual Assault Hotline**

800-656-HOPE (4673)

<https://www.rainn.org/>

### **DCPP (DYFS)**

Child Abuse Hotline (State Central Registry)

1-877 NJ ABUSE

1-877-652-2873

### **Adult Protective Services (Offices by County)**

<https://www.state.nj.us/humanservices/doas/home/adultpsp.html>

<https://www.state.nj.us/humanservices/doas/services/aps/>

<https://www.state.nj.us/humanservices/doas/documents/APS-NCEA%20FactSheet.pdf>

### **NJ Human Trafficking Victim Assistance Hotline**

855-363-6548

<https://www.nj.gov/oag/dcj/humantrafficking/downloads/NJ-Human-Trafficking-Brochure.pdf>



**National Human Trafficking Hotline**

888-373-7888

<https://humantraffickinghotline.org/>



## **Acute Mental Health Crisis**

**Call 911**

**Performcare – NJ Children’s System of Care**

(youth 5-21)

877-652-7624

<https://www.performcarenj.org/index.aspx>

**UBHC Acute Psychiatric Services (APS)**

Piscataway, NJ

855-515-5700

**Raritan Bay Medical Center (AES)**

Perth Amboy 08861

732-442-3794

**Barnabas RWJ Screening Center**

New Brunswick, NJ

732-828-3000

**Trinitas Hospital**

Elizabeth, NJ

908-994-5000



### **Veterans Crisis Line**

800-273-8255 Press 1

<https://www.veteranscrisisline.net/get-help/hotline>

### **NJ Mental Health Cares Helpline**

Concerns stemming from Covid-19

866-202-HELP (4357)

[New Jersey Hope and Healing – MHANJ](#)



## **Substance Abuse Treatment**

**Addictions Hotline of NJ/ IME Addictions Access Center**

844-276-2777

**County Directory of Alcohol and Drug Abuse Directors and County Mental Health Admins**

<https://nj.gov/humanservices/dmhas/home/admin/index.html>